

Grizedale Valley & Nicky Nook



Start Point



Scorton

★ SD 5021 4879

Distance/Time



5.25 miles Grizedale loop

3.5 miles Nicky Nook loop

2.5 Hrs / 2 Hrs

Terrain

Well surfaced tracks/lanes and fields that could be potentially boggy after bad weather.

Some steep sections in the Nicky Nook loop

Parking

Available at two points: **P1** = Scorton Picnic Site, with a short walk into the village of Scorton. **P2** = Grizedale Bridge, you can follow the concessionary path through the woodland and start the walk after Point **11**. Alternatively, there may be parking available in the village of Scorton if you are patronising the businesses – cafe and pub.

Key to Facilities

Wyresdale Park

☐ Cafe

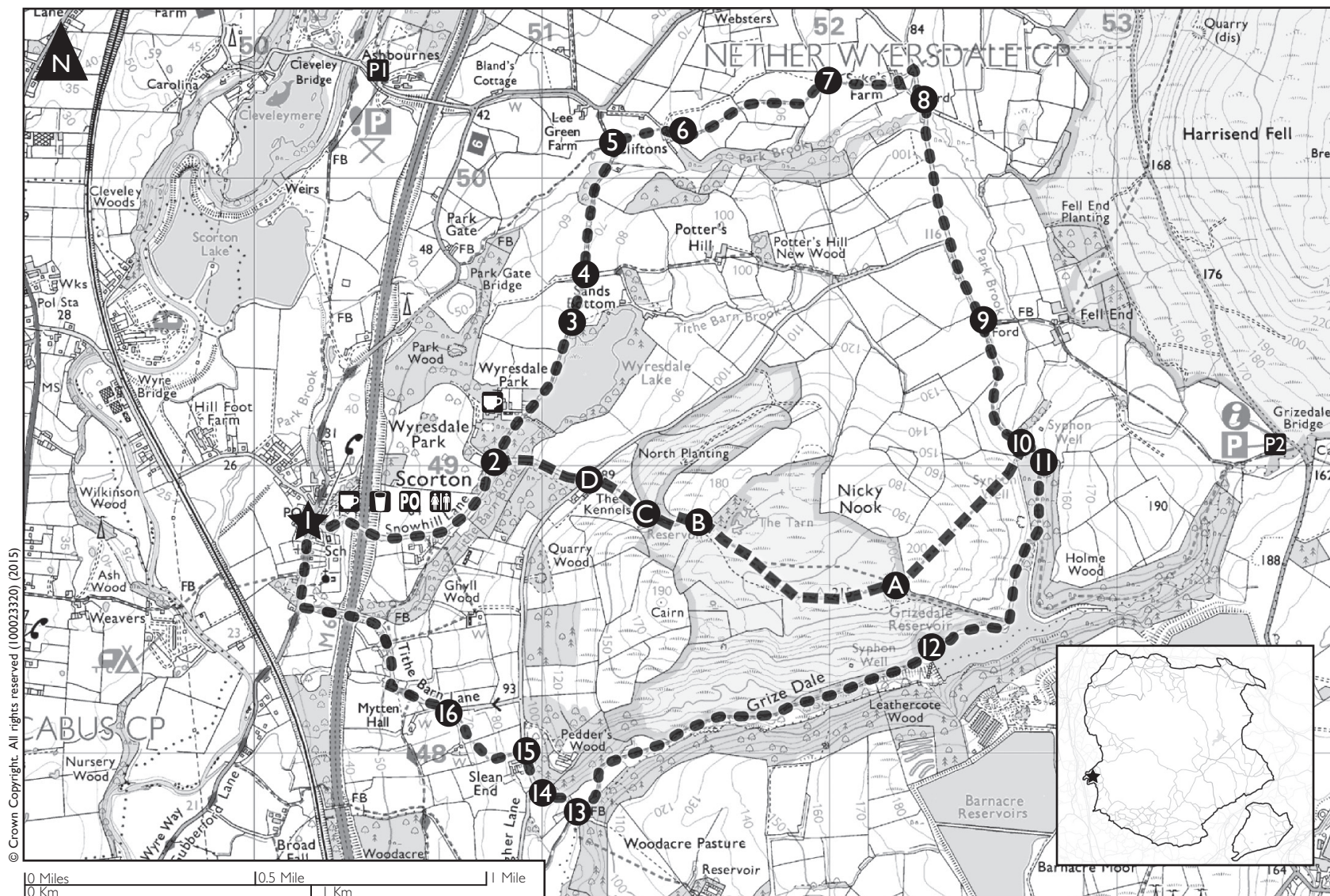
Scorton

☐ Cafe, ☐ Pub, ☐ Post Office, ☐ Toilets

About This Walk

Nicky Nook, though modest in height, offers splendid views over Lancashire's coastal plain, Morecambe Bay and beyond to the Lakeland fells. On a really clear day it is possible to see the Isle of Man and the Great Orme on the North Wales coast. Birds such as meadow pipits and skylarks are common on the fell, while the more fortunate may catch a glimpse of tree pipits or yellowhammers.

Scorton is a picturesque village and a great starting point for walking, riding & cycling.



Grizedale Valley & Nicky Nook

Walk Description



★ GPS: SD 5021 4879

Starting from the centre of Scorton, turn right in front of the Priory and go up the road (Snowhill Lane) passing a school on the right. Go over the M6 Bridge and continue ahead passing several houses.

② GPS: SD 5083 4900

When you see signs for Wyresdale Park and the Apple Store cafe follow those ahead. The Apple Store Cafe will soon be on your left and the Wyresdale Lake on your right, a really picturesque spot! Continue along the track with Wyresdale Lake on your right until you reach a cattle grid.

③ GPS: SD 5110 4948

Go through the gate to the right of it and continue ahead.

④ GPS: SD 5115 4966

You will soon reach a wooden gate; take a left here where you'll join the road.

⑤ GPS: SD 5125 5013

Follow the road for a short way then follow the public footpath waymarker on your right; heading straight across the field. On reaching the farm track go right and through the farmyard at Clifton's Farm and look for the gate to the right of the farmhouse.

⑥ GPS: SD 5150 5015

Through the gate and straight across one field, and then straight across the next heading for the right field corner (you will see a green sign on it from quite a distance away). Watch out for the boggy ground in front of the stile here, especially if there's been wet weather.

⑦ GPS: SD 5198 5033

Follow the left fence line and head towards Sykes Farm, you will reach a stile to the left of the farm, go straight across the next field to a wooden stile and take a right onto the lane and continue ahead.

⑧ GPS: SD 5232 5027

You will soon reach a ford, take the footbridge to the right of it and continue along the lane ahead.

⑨ GPS: SD 5253 4949

After about a ¼ mile you will reach a gate (ignore the farm track to the left), go through this onto a bridleway. Continue and go through a further metal gate.

⑩ GPS: SD 5267 4908

Bear right towards the bridge. If you want to do the Nicky Nook route, don't cross over the bridge but instead go through the wooden kissing gate on the right.

Nicky Nook Loop

Ⓐ GPS: SD 5224 4858

Follow the path to the top of the hill and where it splits in two, keep left and continue ahead.

Ⓑ GPS: SD 5195 4864

After a short climb you will reach the summit. Make sure you have a look round; there are magnificent views from the top!

Ⓒ GPS: SD 5166 4872

Follow the path to the right, keeping to the track, you will come to a wall in the middle of the field, skirt to the right of it and again continue on the track.

Ⓓ GPS: SD 5118 4896

Eventually through a kissing gate and onto a road. Go left and immediately right; continue along the road and then bear left when you see signs for Wyresdale Park and the Apple Store Cafe. Continue along the road crossing over the motorway until you drop back into Scorton.

Ⓔ GPS: SD: 5273 4903

If instead you are doing the Grizedale Valley route, continue over the bridge and pass through a gate into Holme Wood keeping to the well made track and continue ahead. Reach another wooden gate, go through and continue on the track with Grizedale Reservoir on your left.

⑫ GPS: SD 5234 4835

Once you've reached the end of the reservoir you'll reach a kissing gate, go through, continue ahead bearing left down the track. With the river on your left keep following the track along the Grizedale Valley for approximately 1 mile.

⑬ GPS: SD 5113 4781

Eventually you will reach a metal gate, go through here and take a right on the footpath signed Higher Lane. Take this path to the top of the hill and go through the gate at the top.

⑭ GPS: SD 5098 4788

Take a right onto this quiet road. Follow the road for a short way until you see the public footpath waymarker pointing to the left.

⑮ GPS: SD 5094 4799

Go over the metal bar next to the metal gate and then follow the left fence edge of the field, about half way down start to head diagonally right towards the bottom of the field. Over the wooden stile and continue straight ahead across the next field to join the road.

⑯ GPS: SD 5068 4814

Turn left on the road and continue ahead passing underneath the motorway. When you reach the T-junction take a right into the village of Scorton.