



The Roses Border Ride

Start Point

Long Preston village (Station car park) (GR 834579).

Distance/Time



35 miles (56km)
3-4 hours

Terrain

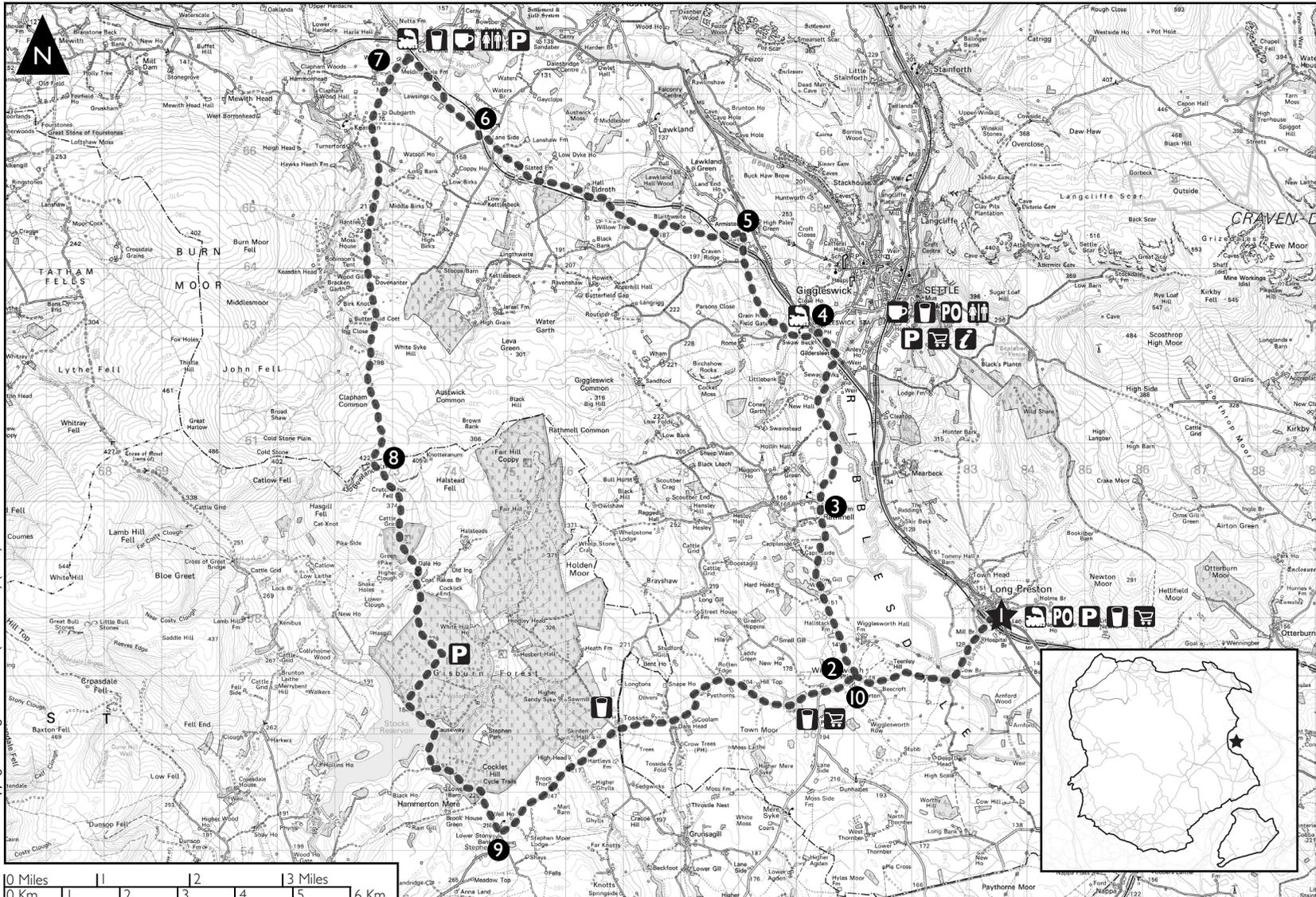
Roads, hilly, steep in parts

Key to Facilities

- Café, Toilets, Post Office,
- Pub, Shop, Car park,
- Station, Information

GPS Waypoints (OS grid refs)

- ★ SD 8341 5799
- ② SD 8106 5701
- ③ SD 8044 5998
- ④ SD 8029 6284
- ⑤ SD 7907 6465
- ⑥ SD 7451 6628
- ⑦ SD 7329 6763
- ⑧ SD 7270 6071
- ⑨ SD 7489 5432
- ⑩ SD 8096 5696



© Crown Copyright. All rights reserved (100023320) (2008)



www.forestofbowland.com



The Roses Border Ride

About This Ride

This is a majestic circuit on quiet lanes either side of the Lancashire and North Yorkshire border. It includes the challenging yet beautiful climb over Keasden Moor, offering some of the best views in either county. Descending through Gisburn Forest you also have the opportunity to go off road and use the mountain bike trails through this Forest Enterprise plantation, or to stop and contemplate the views of Stocks reservoir, and the tranquillity of St James chapel at Dale Head - moved from the hamlet of the same name when the valley was flooded in the 1930s. The chapel is wind powered, and the turbine stands in a graveyard which has rich botanical interest due to the abundance of wildflowers growing there.

Route Description

- 1 **★ GPS: SD 8341 5799**
Turn left on leaving the car park and follow the road over the river Ribble and onto Wigglesworth.
- 2 **② GPS: SD 8106 5701**
Turn right just as you enter the village (before the pub), signposted to Rathmell.
- 3 **③ GPS: SD 8044 5998**
Follow the road through Rathmell to the A65.
- 4 **④ GPS: SD 8029 6284**
Turn left onto the A65 and then left again after 200m onto an unmarked lane passing underneath the railway bridge (Giggleswick station).
- 5 **⑤ GPS: SD 7907 6465**
Turn left at the crossroads (signpost to Eldroth).
- 6 **⑥ GPS: SD 7451 6628**
Turn right immediately after passing underneath the railway bridge - signpost to Clapham (ignore the right turn just before the bridge).
- 7 **⑦ GPS: SD 7329 6763**
Turn left at T junction (Clapham station is adjacent to the bridge on your right, if starting from here turn right out of the station, under the bridge and straight on).

- 8 **⑧ GPS: SD 7270 6071**
Follow the road up the long climb through Keasden Moor and Bowland Knotts (the highest point of this ride at 422m, and the Yorkshire - Lancashire border. Descend carefully down through Gisburn Forest and Dale Head.
- 9 **⑨ GPS: SD 7489 5432**
Turn left at the crossroads (signpost to Wigglesworth and Settle) and continue through Tosside and cross the border back into Yorkshire.
- 10 **⑩ GPS: SD 8096 5696**
Continue straight through Wigglesworth and back to Long Preston station.

Public Transport

Long Preston is on the Leeds to Settle and Morecambe lines, also accessible by Dales Rail from Lancashire on summer Sundays.

Arriving by car

Long Preston is on the A65 between Settle and Skipton. It is also at the end of the A682 from Nelson and Gisburn. Turn off the A65 to the station (sign-posted).

Other Information

Rathmell Horse Farm. Includes an equine swimming pool and solarium, tearoom, visitor centre. They also put on outdoor displays in the all-weather menage, have miniature Shetland pony racing, mares and foals, and farriery displays.