Calder Vale Walk:  
River, Hill and  
Valley  

Forest of Bowland Area of Outstanding Natural Beauty

Route Summary

Tracks, fields and roads. Gates, stiles and steps. Steep sections and can be very muddy at points. Expect livestock.  
"Walking safely" information available at www.forestofbowland.com Public transport information available at www.traveline.info Walkers are advised to carry OS Explorer map OL41.

Route Overview

<table>
<thead>
<tr>
<th>Category: Walking</th>
<th>Length: 8.030 km / 5.02 mi</th>
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<tbody>
<tr>
<td>Last Modified: 20th November 2018</td>
<td>Difficulty: Medium</td>
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<tr>
<td>Rating: Unrated</td>
<td>Surface: Undefined</td>
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<td>Date Published: 20th November 2018</td>
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Description

This walk offers a variety of scenery, from fells to woodland to water, and has some great views from above Grizedale Lea and Barnacre Reservoirs on a clear day. Scorton is a picturesque village with a number of places to eat.

Waypoints

(53.93584; -2.70833)
From the layby go over the bridge and follow the road up to Grizedale Lea Reservoir

2.  
(53.92833; -2.70867)
Just past the entrance to the reservoir take the footpath on the right. Follow this track all the way to a crossroads and turn right to Moor House.

3.  
(53.91911; -2.72258)
Walk in front of the house and follow the grassy, hedge-lined track ahead. The track bends right through a pedestrian gate and then left just before a second gate before reaching a gate by a stream. Continue straight on, keeping the hedge on your right, to a gate onto a stone track. Go down into Burns farmyard.

4.  
(53.91908; -2.73654)  
At the yard turn right to pass in front of the farmhouse and buildings. Turn right on to the lane and follow it as it bends left. Climb a stile and continue straight ahead on a surfaced track and past a covered reservoir on the left. Go over a stile into a woodland then immediately over a second stile, down the slope, over the stream and up the other side to cross a third stile. Note: it can be extremely muddy here.

5.  
(53.92169; -2.73987)  
Bearing slightly left, cross the field, passing a waymark post part-way along, and through a kissing gate at the edge of the next wood. Follow the path straight down a very steep bank and across the footbridge.

6.  
(53.92387; -2.74588)  
Turn right to climb a stile next to a metal gate. Follow the track along the Grizedale valley (ignoring the Nicky Nook turn-off approx 1.75km along on the left).

7.  
(53.93269; -2.72196)  
At the end of the reservoir turn right through a wooden gate to follow a concessionary path (signed for Grizedale Bridge) through Holme Wood.

8.  
(53.93507; -2.71125)  
Once through Holme Wood cross a footbridge and turn right to go through two wooden gates then a metal gate, back to the lay-by at Grizedale Bridge.