

Festival Bowland

The Bowland Festival 2008, like previous years was a huge success with hundreds of people coming to the Forest of Bowland Area of Outstanding Natural Beauty to take part in a wide range of events. These events have helped us showcase the special qualities this beautiful area has to offer and share with others what makes this area such a special place for people and wildlife. The Bowland Festival in 2009 will no longer take place in June, instead the Forest of Bowland AONB Partnership will continue to work together with landowners, local experts and business in the area to continue to provide a wealth of events and



Garstang, the River Wyre, the Lancaster Canal and the Forest of Bowland. Regular features of the festival include Bluebell Tea walks which complement the Sunday afternoon teas available from Calder Vale Village Hall in May; the Wyre Way long distance walk which is a chance for people to walk the 4 miles from sea to source in 4 days and wildlife walks such as the High-rise Herons and Farmland Birdwalks. During this week-long event, activities are organised in the parishes of Bleasdale, Claughton, Barnacre and Nether-Wyresdale including the villages of Caldervale and Scorton. Walkers, cyclists and



opportunities for people to explore the area's special qualities throughout the year – Festival Bowland! Check out our Festival Bowland events and many more on the Forest of Bowland website www.forestofbowland.com

Garstang Walking Festival

Garstang Walking Festival is a community festival set up with the support of the Wyre Leisure Services and local businesses. Experienced local guides many of whom are volunteers from the community and countryside services lead visitors around the paths and trails in and around

horse riders are most welcome, with a variety of activities available along with information on the paths and trails in the area. The Garstang Tourist Information Centre is open every day and customers can get information about the walking festival, book accommodation and find out about local services in the area.

You can book your accommodation along with your place at the Garstang Walking Festival booking office in Garstang Tourist Information Centre on: 01995 602125 or e-mail lcs@wyrebc.gov.uk web site: www.wyrebc.gov.uk

History of Calder Vale

Calder Vale, despite its remote and beautiful setting, is very much a working village and you can still hear the clatter of the weaving looms when the mill is working. There is little else to spoil the peace and tranquillity as there is no through road. Quakers Jonathan and Richard Jackson founded Calder Vale after surveying the area and observing that the site could be well served by water power. Their concern for the welfare of workers and their families lead to workers houses being built with gardens. In 1835 the Lappet Mill was built. It was used to weave cotton and is still used today even though the River



Calder no longer provides the power. The vast majority of mills have long since closed but the Lappet Mill has survived by specialising in the production of Arab headdresses. Built by public subscription the Calder Vale church stands between Calder Vale and Oakencloough. Consecrated on August 12th 1863 and dedicated to St. John the Evangelist, the church contains a fine stone pulpit in memory of W.J. Garnett of Quernmore Park who gave the site to the parish.

Brown Hares

The brown hare is not native to Britain but was introduced before the Roman invasion. It has become characteristic of traditional mixed farming landscapes. It is mainly nocturnal. Partly for this reason, an element of mystery surrounds it and the hare has always featured strongly in myth and literature. A marked decline in numbers has certainly occurred throughout the county but the upland pasture fringe of the Forest of Bowland seems to be an important habitat for them. Intensification of farming has resulted in decreased crop diversity, larger fields and the loss of woodlands and hedgerows, all of which have had negative impacts on hare



populations. Crop diversity is important to hares because their nutritional requirements vary according to the season and so they move between crop types. Hedgerows are important daytime lying up sites, particularly for leverets (baby hares). Perhaps you will see hares standing on their back legs and looking just like a pair of boxers trying to knock each other out. This occurs when females fight off or test the strength of potential male suitors. Another interesting behaviour is that female hares visit their young just once a day. This is to minimise the chance of their location being spotted by predators. This information is summarised from the Biodiversity Action Plan (BAP) for Lancashire and this can be seen in full at www.lbap.lancspartners.org

History of Bleasdale

Bleasdale is a dispersed village but nonetheless has a thriving sense of community with a church and newly restored village hall set in stunning countryside. The local estate has provided the stability and continuity that has enabled the countryside to be managed for the benefit of wildlife and conservation and this is evident in the well tended beech hedges and dry stone walls. In recent times, farm diversification has led to several farms offering accommodation for walkers, cyclists and birdwatchers. Blesa is an Old Norse word, and means "a bare spot on a hill-side". Bleasdale Circle, a Bronze Age timber structure



consisting of two circles set one within another, was discovered by Shadrach Jackson and Thomas Kelsall, and has been dated to approximately 1700 BC. In 1924 the site was scheduled as an ancient monument but it was not until 1935 that the outer circle and the area between the circles were excavated. Within the inner circle a grave was found with two urns containing charcoal and burnt human bones. In one of the urns a much smaller cup was found. The contents of the grave were moved to the Harris Museum in Preston, where they remain today

Bats

Eight species of bat are resident in Lancashire. These include: Brown long-eared; whiskered; Brandt's, Natterer's, Daubenton's and Noctule bats. In addition, the Pipistrelle, which was formerly thought to be a single species, is now recognised to be two: the 'common pipistrelle' (*Pipistrellus pipistrellus*) and the 'soprano pipistrelle' (*Pipistrellus pygmaeus*). In the autumn adult bats begin to mate. This activity can continue throughout the winter period and into early spring. During the winter bats hibernate in a cool place where they go into a state of 'torpor' to save energy by reducing heart and breathing rates and body



▲ © Steve Parker / Bat Conservation Trust

temperature. Adult females congregate to form nursery colonies in late spring. These colonies can include several hundred animals that move regularly during the summer (e.g. Pipistrelles), or smaller numbers that remain at one site (e.g. Brown long-eared bats and others). Roosts at this time may be in buildings (especially houses), bridges, or trees. Males often roost separately but nearby, as individuals or in small groups. Each female produces a single baby, usually in June, and it suckles mother's milk until it is weaned at about five weeks old. At three weeks, nearing adult size, they are able to fly out at dusk with the adults and use ultrasonic echolocation to find their insect prey. The breeding roost generally disperses around August.



▲ © Hugh Clark / Bat Conservation Trust

For information on practical actions being taken to safeguard these species, see www.lbap.lancspartners.org. People who wish to find out more information about bats and how they can help our threatened native population should contact the Bat Conservation Trust - website www.bats.org.uk. People can also receive free information and advice from the National Bat Helpline on 0845 1300 228.



Bluebell Teas

14 years ago, after the Catholic Church in Calder Vale had to close, the Catholics and Anglicans joined together and began to raise money to repair and furnish the Mission Room so that both churches could use it. One of the ideas was to make homemade refreshments every Sunday in May when the bluebells are flowering. To date this venture has raised over £10,000 and has become a very popular event. If you park on the Club car park, you can walk through the village or alternatively you can drive through the village and park on the Mill Square (this is only allowed at weekends and in the evenings). Walk up the hill along Long Row and proceed

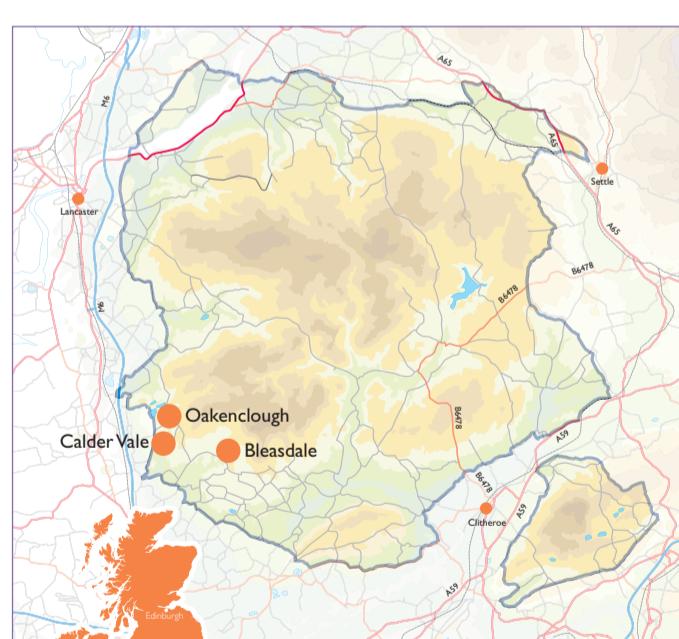


through the gate onto a path with the lodge nesting in trees on your right and the river Calder on your left. Eventually you will see the beautiful bluebell wood and if you are feeling energetic, carry on up the hill to the Church and school. You can even park your car at the school and walk down the hill into the village - but then you have to walk up again! Wyre Countryside Services lead a walk of approximately 1 hour every Sunday afternoon to coincide with the Bluebells and teas in the village. Homemade refreshments are available in the Village Hall, which is situated in the bottom of the village on the left just before the bridge into the Mill Square, from 2pm to 5pm in aid of Mission Room funds. The Mission Room is the Church building attached to the Village Hall.

How to find us

Public Transport: The 8C service goes from Garstang to Calder Vale via the Kenlis Arms.

By Road: By Road: Garstang on the A6 is the nearest town.



FOREST OF BOWLAND

Area of Outstanding Natural Beauty

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and internationally important for its heather moorland, blanket bog and rare birds. It is the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas. The Charter approach ensures that organisations, local people and businesses are working together to protect the area, whilst at the same time increasing opportunities for visitors to discover and enjoy its special qualities. Sustainable tourism aims to make a low impact on the environment and local culture, while encouraging better income, employment and conservation of the very landscape upon which our tourism is based. For more information regarding the Forest of Bowland AONB, visit the website at www.forestofbowland.com or ring 01772 531473 for an information leaflet. The businesses featured here are part of the local economy which supports this special landscape - please support them with your custom and enjoy your stay!

▼ © Graham Cooper www.forestofbowlandimages.com

EUROPARC FEDERATION

EUROPEAN CHARTER FOR SUSTAINABLE TOURISM IN PROTECTED AREAS

Forest of Bowland AONB



This project received funding support from the Lancashire Rural Tourism Initiative, which is funded through the Lancashire Rural Recovery Action Plan supported by the Northwest Regional Development Agency and Lancashire and Blackpool Tourist Board.



FOREST OF BOWLAND

Area of Outstanding Natural Beauty



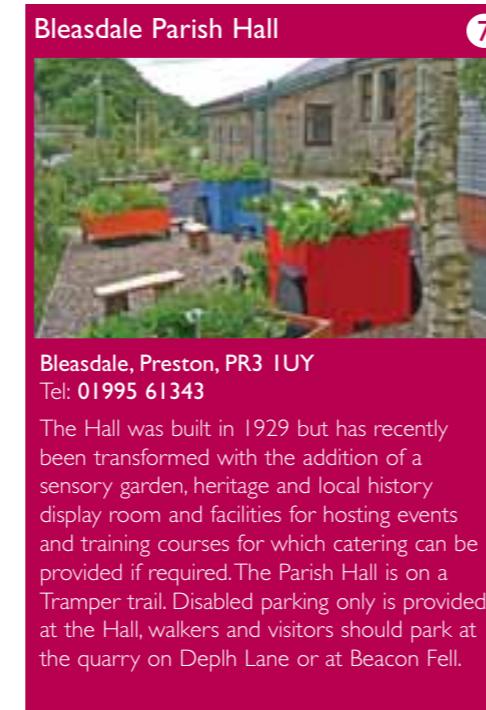
Big Blidhurst self catering 5
 Tel: 01995 61317
 Web: www.bigblidhurstfarm.co.uk
 Visit Britain ★★★★ Rating

Comfortable accommodation, 2 bedrooms - 1 en-suite, in an elevated position adjoining owner's working farm. Superb views from the south-facing conservatory overlooking the large garden. Ideal for relaxation, birdwatching or walking from the door. Shops, pubs/restaurant in nearby Chipping.

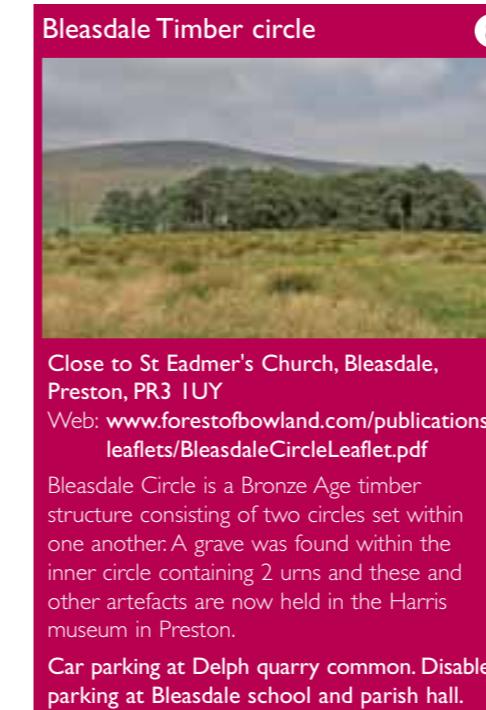


Bleasdale Cottages 6
 Lower Fairsnape Farm, Bleasdale, Preston, PR3 1UY
 Tel: 01995 61343
 Web: www.bleasdalecottages.co.uk
 Visit Britain ★★★★ Rating and M1/M2 graded

3 award winning self-catering cottages in stunning, open countryside sleeping 2-8 persons - up to 14 people in all. Featured in BBC Wildlife magazine and Lapwing, the member's magazine for the Lancashire Wildlife Trust. Perfect for walkers, cyclists, and bird watchers. Disabled access - Tramper can be booked.



Bleasdale Parish Hall 7
 Bleasdale, Preston, PR3 1UY
 Tel: 01995 61343
 The Hall was built in 1929 but has recently been transformed with the addition of a sensory garden, heritage and local history display room and facilities for hosting events and training courses for which catering can be provided if required. The Parish Hall is on a Tramper trail. Disabled parking only is provided at the Hall, walkers and visitors should park at the quarry on Delph Lane or at Beacon Fell.



Bleasdale Timber circle 8
 Close to St Eadmer's Church, Bleasdale, Preston, PR3 1UY
 Web: www.fofbowland.com/publications/leaflets/BleasdaleCircleLeaflet.pdf
 Bleasdale Circle is a Bronze Age timber structure consisting of two circles set within one another. A grave was found within the inner circle containing 2 urns and these and other artefacts are now held in the Harris museum in Preston.
 Car parking at Delph quarry common. Disabled parking at Bleasdale school and parish hall.



Bluebell teas in Calder Vale village hall 9
 Calder Vale, Preston, PR3 1SJ
 Come and see the bluebells in May and then enjoy homemade refreshments! These are available in the village hall, which is situated in the bottom of the village on the left just before the bridge into the Mill Square, from 2pm to 5pm in aid of Mission Room funds.
 Every Sunday in May.



Bowland Pennine Mountain rescue 10
 Smelt Mill Cottages, Dunsop Bridge, Clitheroe, BB7 3BH
 Tel: 01257 275395
 Web: www.bowlanpeninermr.org.uk
 If undertaking any outdoor activity, please do so safely! Multi-activity week and weekends for groups, schools and businesses. Team building and leadership courses.
 First aid and mountain safety courses. Training programmes for expedition and service elements of Duke of Edinburgh's Award.



Broadgate Farmhouse B&B and caravan site 11
 Broadgate Farm, Bleasdale Lane, Bleasdale, Preston, PR3 1UR
 Tel: 01995 602402
 Web: www.broadgatefarm.co.uk
 Visit Britain ★★★★ Rating, Silver award

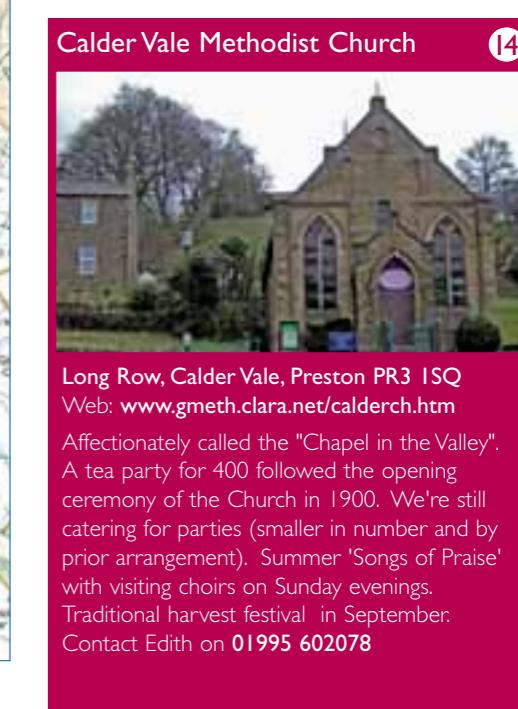
Broadgate Farm is set in open countryside with panoramic views of Beacon Fell and the local countryside. Farmhouse B&B accommodation offers 2 en-suite bedrooms. The Certified Location site has hard standings, electric hook-ups and a dog walk with Tramper access route giving access to a bird hide and the local footpath network.



There are many walks around Calder Vale, Bleasdale and Barnacre areas featured on the Forest of Bowland website. Download high quality maps and route descriptions from www.fofbowland.com



Brock Bottoms 12
 Brock Mill Lane, Cloughton-on-Brock, Garstang, PR3 0PD
 Tel: 01253 887220
 Web: www.wyrebc.gov.uk/Council_Services/Coast_and_Countryside_Services
 Brock Bottoms is the site of the remains of a water powered cotton mill built during the 1790's. A concessionary path leads off the main Brock Valley footpath, approximately half a mile downstream from Brock picnic site. Please note that Brock picnic site is closed at night (details of the closing times are displayed on site).



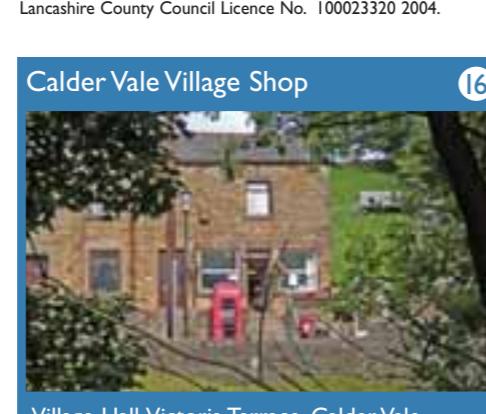
Calder Vale Methodist Church 14
 Long Row, Calder Vale, Preston PR3 1SQ
 Web: www.gmth.clara.net/calderch.htm
 Affectionately called the "Chapel in the Valley". A tea party for 400 followed the opening ceremony of the Church in 1900. We're still catering for parties (smaller in number and by prior arrangement). Summer 'Songs of Praise' with visiting choirs on Sunday evenings. Traditional harvest festival in September. Contact Edith on 01995 602078



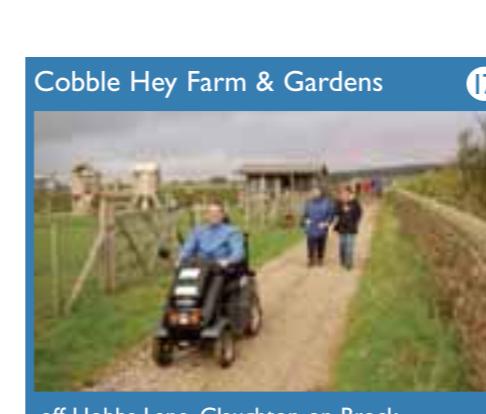
Calder Vale Club 13
 Vale Terrace, Calder Vale, Preston PR3 1SH
 Tel: 01995 602611
 Web: www.caldevalecountryclub.co.uk
 We have live entertainment every Saturday night, doors open at 7pm and if you would care to join us, temporary membership can be arranged on the night. The music is varied, the atmosphere is great and the people are friendly so why not come along and join us, I am sure you would enjoy the evening!



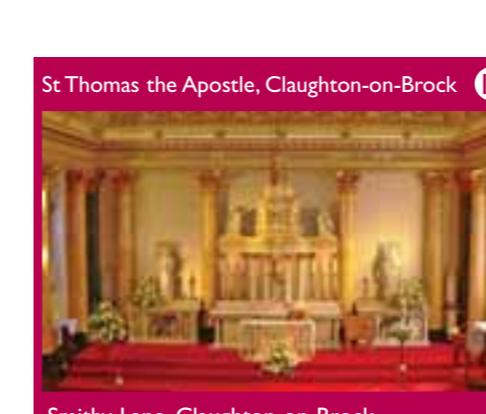
Calder Vale Post Office 15
 Village Hall, Victoria Terrace, Calder Vale, Preston, PR3 1SJ
 Tel: 01995 601635
 Post Office services moved from the shop in Calder Vale to the village hall in spring 2008. The Post Office has a full range of services including DVLA car tax, Euros and Dollars on demand, travel insurance, phone top ups, personal and business banking. It also has Parcelforce guaranteed services and PO credit card application forms. Open: 9.30am to 12.30pm Tues and Fri



Calder Vale Village Shop 16
 Village Hall, Victoria Terrace, Calder Vale, Preston, PR3 1SJ
 Tel: 01995 603838
 This compact but valuable local shop serves the working village of Calder Vale and tourists with news, information and things that you might just need! It is a newsagents selling confectionery, stationery, local guides and a hundred and one other things that you have run out of or need at short notice.
 Open: 7am to 8.45am Mon to Fri and on Wed 7am to 1pm and 2pm to 4.30pm



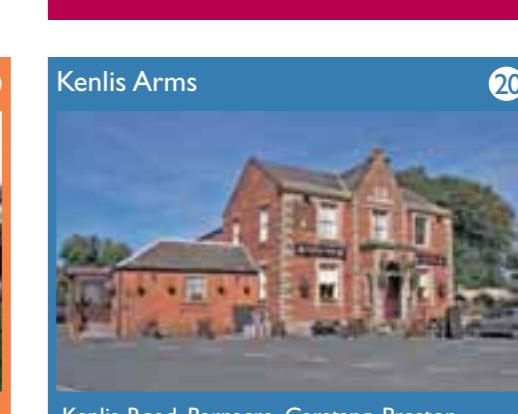
Cobble Hey Farm & Gardens 17
 off Hobbs Lane, Cloughton-on-Brock, Garstang, PR3 0QN
 Tel: 01995 602643 Web: www.cobblehey.co.uk
 Winner of the 2006/7 North West Tourism award for small visitor attraction, our farm and gardens are constantly being improved. Children love the animals and local walks that criss cross the area. Birds love to visit our gardens so be prepared to spot them and everyone loves our homemade, locally sourced food served in our cafe.
 Opening times: Thurs to Mon 10.30am to 4.30pm (1st Feb to 24th Dec) Please enquire about group bookings



St Thomas the Apostle, Cloughton-on-Brock 18
 Smithy Lane, Cloughton-on-Brock, Preston, PR3 0PN
 Web: www.cloughtononbrock.co.uk
 St Thomas the Apostle celebrated 650 years of worship in the parish in 2008. The church is supported by the local Brockholes family estate and if you visit you will see for yourself the idyllic location of this well loved church.



Garstang walking festival 19
 Garstang Discovery Centre, High Street, Garstang, Preston, PR3 1FU
 Tel: 01995 602125
 Web: www.wyrebc.gov.uk
 The Garstang Walking Festival is an annual event, which takes place in May. The festival programme of walks and activities is designed to help you experience the best of the springtime in North West Lancashire and Bowland. Day walks to easy 1-hour walks, cycling, canoeing and more!



Kenlis Arms 20
 Kenlis Road, Barnacre, Garstang, Preston, PR3 1GD
 Tel: 08452910993
 This is an ideal place to stop off whilst cycling or walking along the Lancaster canal or the Bowland fells. With a stately appearance, a place of real beauty with beautiful views from the garden in summer and a real log fire in winter. Function room for weddings and parties etc.



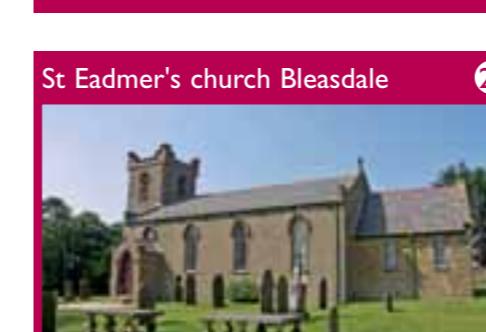
Little Stubbins Bed and Breakfast and Caravan Site 21
 Stubbins Lane, Cloughton-On-Brock, Garstang, PR3 0PL
 Tel: 01995 640376
 Web: www.littlestubbins.co.uk
 Visit Britain ★★★★ Rating and Certified CL site
 Two double bedrooms and one twin bedded room in a former farmhouse set in peaceful farmland. Food is locally sourced from members of the "NorthWest's Fantastic Foods - Made in Lancashire" scheme. Fantastic cycling and walking area - flat land to the West towards the coast and hills to the East just outside the door into Bowland



Penny Productions 22
 Lees Farm, Sandholme Lane, Barnacre, Preston, PR3 1QE
 Web: www.pennyproductions.biz
 Do you miss the real skills of traditional craftsmen? It is often said, "They don't make them like they used to!" Well now you can say, "I know a woman who does." Let Penny Productions introduce you to their top quality, individual, handmade furniture, models and boxes.



The Sporting Shoot - Corporate activity days 23
 Bleasdale Tower, Bleasdale, Garstang, PR3 1UY
 Tel: 01995 604076
 Web: www.thesportingshoot.co.uk
 With superb facilities at our disposal, 'The Sporting Shoot' aims to make your day one to remember! The Sporting Shoot offers a range of activities, including clay shooting, quad biking, archery and fly casting, all taking place in beautiful surroundings and with a delicious luncheon to keep you going!



St Eadmer's church Bleasdale 24
 Bleasdale, Preston, PR3 1UY
 Tel: 01200 446240
 The church is unique in being dedicated to St Eadmer whose vision decided the final resting place of St Cuthbert in Durham cathedral. The original benefactors, the Parkinson family, had links with Featherstone Castle in Northumberland. A simple and beautiful church in an unrivalled location.



St John the Evangelist Parish Church 25
 Calder Vale, Preston, PR3 1SR
 The prime mover behind the construction of the church was William James Garnett, a local dignitary living at nearby Bleasdale Tower. He gave the land and a plaque to his memory is alongside the Caen stone pulpit erected in his memory in 1875.



Tamarack Outdoors 26
 Unit 4 Creamery Lane Industrial Estate, Kenlis Road, Barnacre, Preston PR3 1GD
 Tel: 01995 601011
 Web: www.tamarackoutdoors.co.uk
 Not only do we run bushcraft, survival and rural skills courses in Bowland, surrounding areas and far away, but we also have a magnificent selection of the finest outdoor kit from all over the world - from Scandinavia, the Americas, Asia, Africa and Australasia. You will be absolutely amazed!
 Open: Monday to Friday 10am to 6pm
 Weekends and bank holidays 10am to 4pm