## Explore Bowland by bike...

Self-guided cycle rides in and around the beautiful Forest of Bowland.

Our comfy hybrid bikes and detailed easy to follow route maps will take you along quiet lanes to remarkable places.

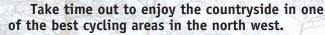
Call us now to book your ride...



## Off the Rails

The Cycling Centre
Station Yard | Settle | North Yorkshire

01729 824419



Choose from a challenging ride into the heart of Bowland and up and over the Fells or opt for a gentler route around the rolling countryside of the Hodder Valley and Slaidburn. Either way you'll be

rewarded with quiet country lanes, pretty villages and hamlets and stunning views almost everywhere of the famous Bowland Fells - and if you look carefully you can even see the sea! Bowland has a unique sense of place with a well-earned



Easy to follow Route Maps

reputation for fine food, and once you've had a taste we're sure you'll want to return again and again.

We're based in the historic market town of Settle, on the eastern edge of the Forest, easily reached by road or rail.

Our self guided tours are carefully chosen to suit

everyone no matter what your level of experience. We believe cycling should be fun and don't worry, a modern bicycle with multi gears is very easy to use. You have the whole day to complete the ride, with plenty of time for stops along the way and our clear route sheets will get you safely back again. If you prefer you can saddle up

and do your own thing, and we have a range of maps for sale in the bike shop to help you plan your route.

Tag Along trailer bikes are available for children to ride along with you, ask for details of availability.

We can offer reduced rates for two or more days consecutive hire and discounts for parties of 6 or more, please ask for details.

Our route sheets have

been designed for ease of use and to give you a feel for the area. Places of interest are well marked, as are great spots for a picnic and places to find excellent food and



drink. We're proud of this part of the world and our in-depth local knowledge means you'll be seeing the very best of it. We ride and check all our routes regularly, mainly because we enjoy it!

Our price includes bike hire, helmet, bike lock and a clear, informative route map.

## Go and explore Bowland with Off the Rails

Call to book your ride now on 01729 824419





