

Calder Vale Walk: Water of the Fylde



Start Point



Grizedale Bridge

★ SD 536 490

Distance/Time



5.5 Miles

3 Hrs

Terrain

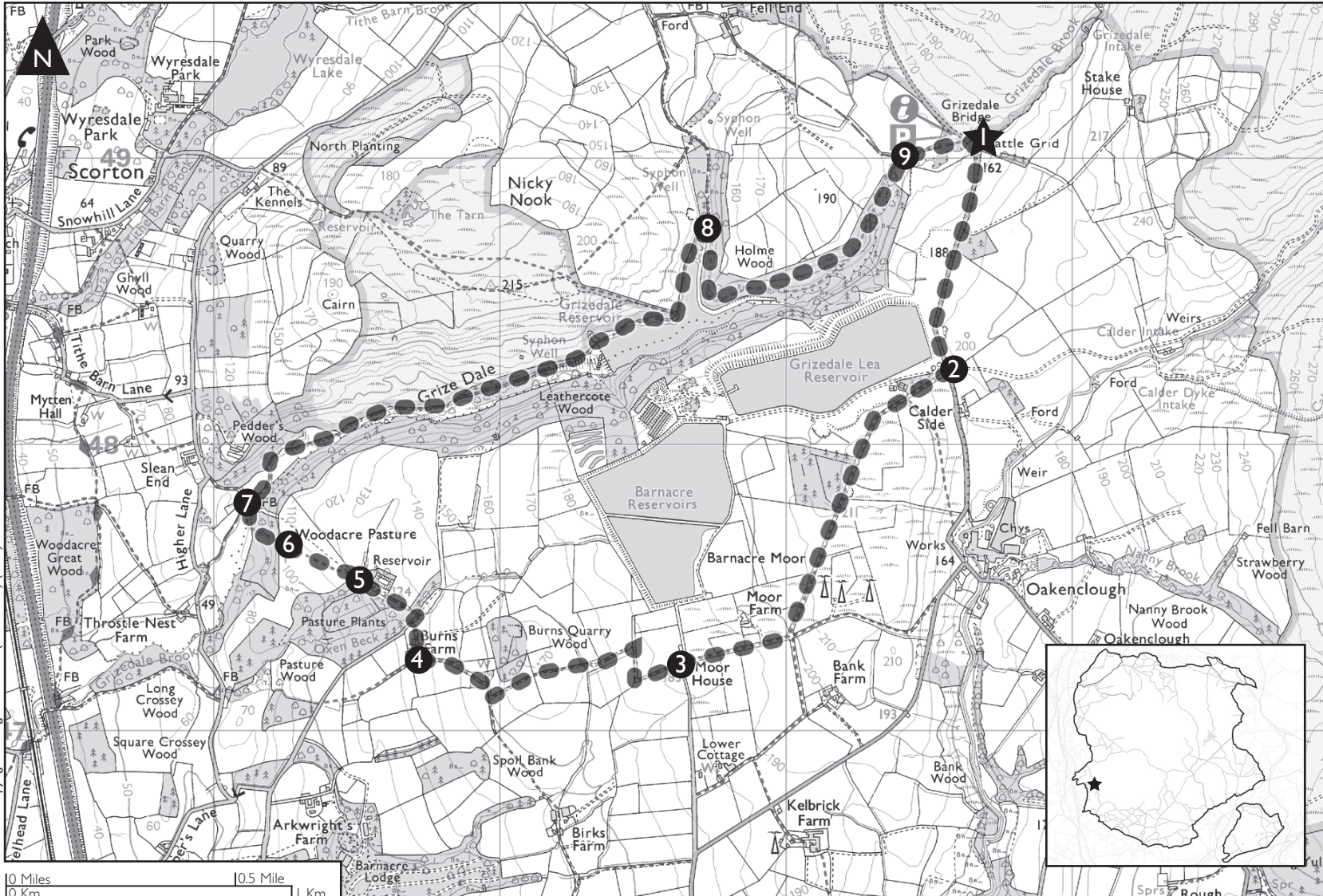
Tracks, fields and roads.
Gates and some stiles.
Steep sections and can be
wet underfoot.

Public transport

Bus Service **8C** service,
Garstang to Caldervale

Key to Facilities

PO Post Office, Bus stop
(Calder Vale)



GPS Waypoints (OS grid refs)

- ★ SD 536 490
- ② SD 535 485
- ③ SD 526 472
- ④ SD 517 472
- ⑤ SD 514 475
- ⑥ SD 512 476
- ⑦ SD 511 477
- ⑧ SD 527 487
- ⑨ SD 533 489

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0 Miles 0.5 Mile
0 Km 1 Km



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Walk Description

This route is waymarked with a blue disc labelled 'Calder Vale Walk Blue 1'.

★ **GPS:** SD 536 490

From the lay-by go over the bridge and follow the road up to Grizedale Lea Reservoir.

2 **GPS:** SD 535 485

Just past the entrance to the reservoir take the footpath on the right. Follow this path all the way to a track crossroads and turn right to Moor House. Walk across the front of the house and along a hedge lined track.

3 **GPS:** SD 526 472

The track bends right and then left before reaching a gate by a stream. Continue straight on keeping the hedge on your right to a gate onto a stone track. Go down into Burns farmyard.

4 **GPS:** SD 517 472

At the yard turn right, past the farmhouse and buildings. Turn right onto the lane then left shortly after. Go straight on, past the covered reservoir and over a stile at the edge of a wood.

5 **GPS:** SD 514 475

Cross the field to a kissing gate at the edge of the next wood.

6 **GPS:** SD 512 476

Follow the path straight down the steep bank and cross the footbridge.

7 **GPS:** SD 511 477

Turn right and follow the track up the Grizedale Valley.

8 **GPS:** SD 527 487

At the end of the reservoir go through the kissing gate on the right and take the concessionary path all the way through Holme Wood.

9 **GPS:** SD 533 489

At the end of the wood head towards the sheepfold and pass through, continue to the road and back to the lay-by at Grizedale Bridge

About This Walk

Grizedale Valley is wooded for most of its length and supports an impressive range of woodland birds. In addition to the more common species, woodpeckers – greater spotted (and occasionally green) – can be seen, as well as summer migrants such as blackcaps, willow warblers, chiffchaffs, whitethroats and garden warblers. Buzzards often soar along the ridge of the adjacent hill, Nicky Nook.

Towards the top of the valley is Grizedale Reservoir, constructed 1861-63 by the original Fylde Water Board. Demand soon outstripped supply, leading to the creation of three further reservoirs to the east, up beyond the tree line. These reservoirs – Barnacre East, Barnacre West and Grizedale Lea now help to supply drinking water to the Fylde area. Grizedale Reservoir itself is no longer used for drinking water, except in times of drought when its water is pumped to top-up the upper reservoirs.

